

Trauma Recovery Volunteers Philippine National Police Training – Marawi, Lanao del Sur January 18 to 19, 2018

The second batch of Trauma Recovery Training was delivered to the Philippine National Police Lanao Province, mostly officers from the Women and Children Protection Desk – they are a special division who handles women and children abuse cases. It was conducted at the Multi-Purpose Hall inside Camp Bagong Amai Pakpak, Marawi City.



In the opening ceremony, Lanao Del Sur Police Chief Senior Superintendent John Guyguyon graced us with his presence and giving us his thanks for giving the training to them.



Ester Ceguera, director of The Way to Happiness Philippines Foundation, introduced the team to the officers and gave an opening speech.



ASSISTS:

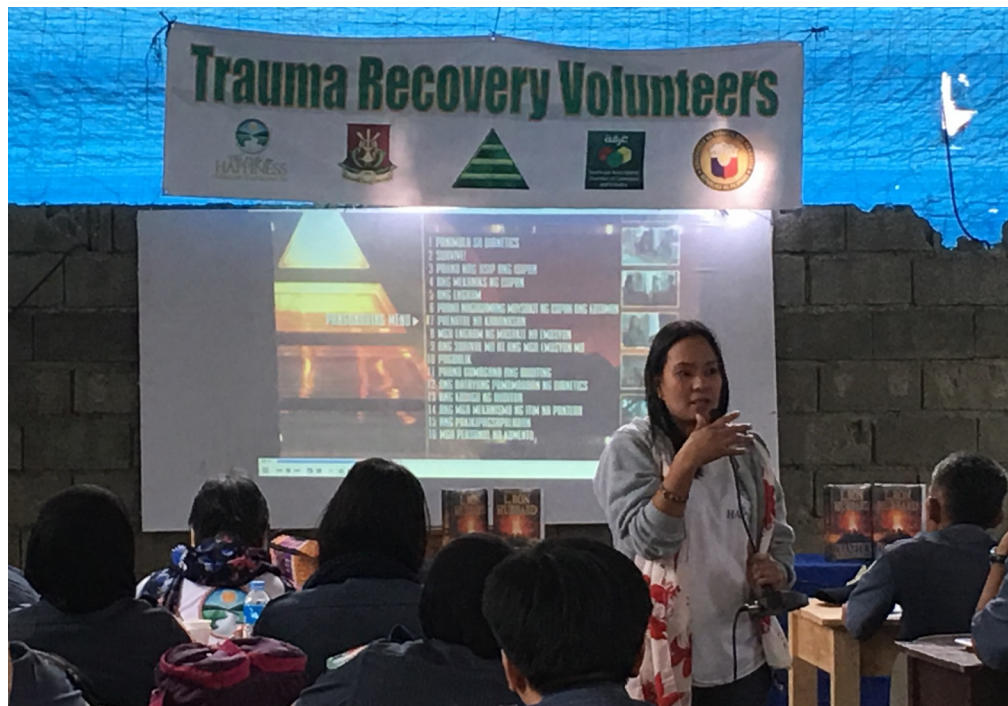
We then proceeded with the seminar proper, starting with the Assists Training and practicals. They really loved the assists as they saw how they can use them in their daily job as police officers, especially to the victims of abuses. They were very eager to try it on one another.





DIANETICS:

In the afternoon, we started with the Dianetics counseling training – watching the training videos in Filipino and discussions after each videos.



After the theory part, the officers partnered up with each other to do the auditing procedure which they just learned from the videos. The trauma volunteers helped supervise their sessions conducted in Filipino, Maranao and Visayan.



The police officers did very well on their sessions and they were looking forward doing more sessions the next day and to learn more.

Feedback and Success on the 1st day:

- Police Officer 2 M.A.R:

“The training on how to be an auditor helps us to be a good listener, how to have a good heart and good intention to the one you are auditing. It also help us face our painful experiences and on how to handle and overcome them... I realized that I should face the bad experiences I had experienced in the past for me to be able to move on, to face the pain and conquer it.”

- Police Officer 2 D.J.S.:

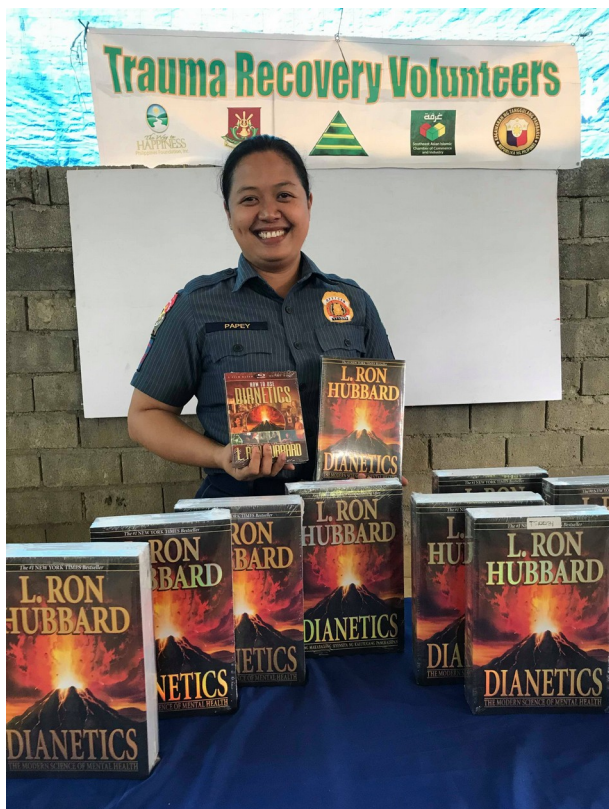
“It is very useful especially I’m a police officer, sometimes I assist those trauma or victim of the case.”

- Senior Police Officer 1 M.G.P. of Women and Children Protection Desk:

“Practical exercises is the part of the training I like the most because we get to apply and experience for ourselves the theories... **Since part of our advocacy in Women and Children Protection Desk is to assist abused women and children we can use what we have learned from the seminar to alleviate their sufferings and lessen their burden and help them move on with their lives. Whatever I’ve learned from the seminar is a tool that can help not only me and my family but the people we sworn to serve and protect.**”

- Senior Police Officer 2 D.A.:

“It can help me enhance my ability being the investigator of Women and Children Protection Desk, especially in dealing and handling victims of violence, like women and children.”



2ND DAY:

On the next day, several of the policewomen reported that they tried the assists to their husband and children and they got positive results. Some even applied it to each other as they stayed near the camp last night as their houses are too far away but they don't want to miss the second part.

There was a review of the 3 key videos of Dianetics then Question and Answer portion. We then teamed them up together again to do more Dianetics sessions.

In the afternoon, a television crew from Singapore dropped by and was curious on what we are doing with regards to trauma. The police officers happily demonstrated the Nerve Assist they learned for them.



THE WAY TO HAPPINESS:

The police officers welcomed the precepts contained in The Way to Happiness. They saw from our videos how police officers from the other countries were the main distributors of the booklets to the population. That's why they asked for more copies of the booklets and copies of the videos also as they want to distribute them and conduct seminars in their areas. We promised to go back to bring them more books translated in their local dialects – Maranao, Filipino and Visayan.



Feedback and Success 2nd day:

- Senior Police Officer 1 M.G.P:

“The exercises, if practiced regularly, can help not only me and my family but also our clients as police officers. I also like the lecture on way to happiness. I can apply what I’ve learned by cascading it to the community since part of our advocacy is to conduct lecture and information drive.”

- Police Officer 1 L.E.A:

“Performing Dianetics is a challenging experience as you will feel what the client feels and your will know what he/she experienced in the past and you will see the happiness in the end of session.”

- Police Officer 1 C.G.E.:

“I’ve been so interested on The Way to Happiness because it taught how to be happy. I love it!”

- Police Officer 2 J.T.A.:

“This Trauma Recovery Training helped us a lot because it is timely and the lecturer delivered it clearly to us participants about the Dianetics goals and having a helping heart to cure the pain of others.”

- Police Officer 1 J.S.:

“I can apply it first to myself and also to the community, through conducting seminars at the area of my responsibility.”

- Police Officer 1 A.D.D.:

“More power and good luck! Thank you Ma’am and Sir. I’ve learned a lot.”

